

Team Group Health Independence Valley Road Race

Portions of the proceeds are being donated to the National Multiple Sclerosis Society.

Date: Saturday, March 24

Location: Rochester, WA - Start location and parking is at Swede Hall.

Course Description: 19.5 mile loop with rolling hills and a couple of short climbs.

Cost: \$20 race day, Pro 1&2 \$25. Day of race registration only. USCF license required to race. One day license for category 5 men and 4 women is \$10 and available at the race. To race in category 3 races and above you must have an USCF annual license (\$60) which can be purchased at www.usacycling.org only (not for sale at the race).

Prizes: Cash/Merchandise

2007 Washington Cup: http://wsbaracing.com/flyers/2007/Washington_Cup_2007.pdf

Registration: Registration and start of race will be at Swede Hall.

Race Numbers: WSBA numbers will be used and can be purchased at www.wsbaracing.com because number won't be for sale at the race. Rental numbers will be available at the race for a \$10 rental fee (of which \$5 is refundable). For out-of-state riders there is no fee to rent a number just a \$5 deposit.

Race Schedule:

Start Time	Category	Distance	Laps	Places
9:30 AM	Master Men A/B	58.5 Miles	3	5
9:35 AM	Cat 4 Men	39 Miles	2	3
9:40 AM	Cat 5 Men	39 Miles	2	3
9:45 AM	Cat 4 Women	39 Miles	2	5
1:00 PM	Pro 1-2 Men	78 Miles	4	5
1:05 PM	Cat 3 Men	58.5 Miles	3	5
1:10 PM	Pro 1,2,3, Women	58.5 Miles	3	5
1:15 PM	Master Men C/D	39 Miles	2	3

Notes: Promoter reserves the right to combine or split races based on the number of riders. All races start at Swede Hall with a 2 mile neutral roll out to the race course.

Directions from Seattle: Take 1-5 South and follow it to US 12 West Exit 88 toward Aberdeen/Tenino. Turn Right on US 12 West and go 5 miles to Rochester and turn LEFT onto Albany ST SW. Parking and registration is a half mile up the road on your right at Swede Hall.

Directions from Portland: Take 1-5 North and follow it to US 12 West Exit 88-B toward Aberdeen/Tenino. Turn onto US 12 West and go 5 miles to Rochester and turn LEFT onto Albany ST SW. Parking and registration is a half mile up the road on your right at Swede Hall.

Other Information: Masters A/B (Age 30 + cat. 1-3) Masters C/D (age 30+ cat. 4-5 and age 50+ all categories) Not scored separately within the race.

Contact: Erik Anderson for more information at erik.o.anderson@gmail.com